

LIGHT INCONTINENCE

Ultra Thin Pads



- Individually wrapped
- Anatomically shaped
- Adhesive strip
- 23cm x 8.5cm



Small Shaped Pads Regular



- Breathable cloth-like outer materials
- Anatomically shaped
- Adhesive strip
- 27cm x 16cm



Small Shaped Pads Super



- Breathable cloth-like outer materials
- Anatomically shaped
- Adhesive strip
- 36cm x 17cm



Small Shaped Pads Super Plus



- Breathable cloth-like outer materials
- Anatomically shaped
- Adhesive strip
- 45cm x 21cm



MODERATE INCONTINENCE

Pull-ups Regular



- Anatomically shaped briefs
- Breathable cloth-like materials
- Suitable for occasional bowel incontinence



Pull-ups Super



- Anatomically shaped briefs
- Breathable cloth-like materials
- Suitable for occasional bowel incontinence



Shaped Pads Regular



- Full coverage front to back
- Advance moisture locking system
- Double anti-leak cuffs
- 58cm x 36cm



Shaped Pads Super



- Full coverage front to back
- Advance moisture locking system
- Double anti-leak cuffs
- 58cm x 36cm



MODERATE TO HEAVY INCONTINENCE

Shaped Pads Super Plus



- Full coverage front to back
- Advance moisture locking system
- Double anti-leak cuffs
- 68cm x 36cm



Pull-ups Super Plus



- Anatomically shaped briefs
- Breathable cloth-like materials
- Suitable for occasional bowel incontinence



Breathable Pads Super



- Twin core technology
- Breathable cloth-like quality
- Re-adjustable side tapes
- Easy-to-read wetness indicator



Booster Pads Regular/Super



- Great for extra protection
- Soft and thin
- Adhesive strip
- Regular 29cm x 9cm
- Super 46cm x 15cm



HEAVY INCONTINENCE

Shaped Pads Maxi



- Full coverage front to back
- Advance moisture locking system
- Double anti-leak cuffs
- 68cm x 36cm



Breathable Pads Super Plus



- Twin core technology
- Breathable cloth-like quality
- Re-adjustable side tapes
- Easy-to-read wetness indicator



Booster Pads Super Plus



- Great for extra protection
- Soft and thin
- Adhesive strip
- 60cm x 16cm



Underlays



- Soft dry-feel layer
- Embossed channels
- Waterproof backing
- Different sizes available



INCONTINENCE

Bladder and bowel control problems are called incontinence.

It is very common and estimated that there are 25% of people in New Zealand population who have some type of incontinence. There are multiple reasons that bring on the incontinence and it is a mere symptom of an underlying cause, including:

- Pregnancy and childbirth
- Side-effects of medication
- Diabetes
- Infection
- Chronic constipation
- Age related
- Effects of surgery



How to choose the right protection and what is Incontinence Level?

Incontinence Level	Type and cause
Light	Stress incontinence Involuntary loss of urine when jogging, sneezing, laughing, coughing or lifting heavy objects. Occasional loss of small amounts of urine.
Moderate	Urge incontinence Sudden urge to urinate but unable to reach toilet in time. Occasional loss of small/moderate gushes of urine.
Moderate to Heavy	Overflow incontinence Occurs when bladder control is weakened, urine leaks frequently even without the urge to urinate. Loss of heavy gushes with occasional faecal incontinence.
Heavy	Functional and mixed incontinence Can be caused by loss of physical or cognitive function, restricted mobility, vision, hearing or speech loss. Heavy flow with occasional faecal incontinence.



Regular ▲▲▲

Super ▲▲▲▲

Super Plus ▲▲▲▲▲

Where to get help

- Consult your doctor
- NZ Contience Help line 0800 650 659
- NZ Contience Association: www.contience.org.nz