

How to put on a KN95 Respirator Mask

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1

Before you put on your respirator mask, clean and dry your hands. Use either soap and water, or hand sanitiser that is at least 70% alcohol.



2

Check your respirator mask to ensure it is clean, dry, and not damaged.



3

Cup the respirator mask in your hand with the nosepiece right side up and the earbands hanging freely.



4

Position the respirator mask under your chin and the nosepiece on the bridge of your nose.



5

While holding the respirator mask in position, pull the earbands over your ear first.



6

As you continue to hold the respirator mask in position, pull the other earband over the second ear.



7

Untwist the straps and optimally position the respirator low on your nose.



8

Using both hands, mold the nosepiece to fit snugly against the nose and face, below the eyes. Check the edges are providing a good seal around the face.